



## PSHE Intent, Implementation and Impact

### Intent

At Mill Hill Primary School, we believe that Personal, Social, Health and Economic (PSHE) education is fundamental to preparing children for life in modern Britain. Our curriculum is designed to develop pupils' knowledge, skills and attributes so they become confident, resilient, respectful and responsible members of society.

Our intent is to provide a broad, balanced and progressive PSHE curriculum that supports pupils' personal development, emotional wellbeing and mental health whilst equipping them with the knowledge and skills to keep themselves safe, build positive relationships and make informed choices throughout their lives.

Our curriculum is underpinned by the three core themes of the PSHE Association Programme of Study:

- Relationships
- Living in the Wider World
- Health and Wellbeing

Through these themes, pupils develop an understanding of:

- healthy and respectful relationships
- physical and mental wellbeing
- personal safety, including online safety
- safeguarding and recognising trusted adults
- diversity, equality and inclusion
- British Values and citizenship
- financial education and careers
- environmental responsibility
- rights and responsibilities within society

Our curriculum reflects the statutory requirements for Relationships Education and Health Education and complements the National Curriculum for Science. It also supports pupils in understanding the protected characteristics identified within the Equality Act 2010 and promotes respect, kindness, empathy and inclusion for all.

We recognise that children's experiences continually evolve. Therefore, our curriculum remains responsive to local, national and global issues, ensuring pupils receive relevant, age-appropriate learning that prepares them for the opportunities, responsibilities and challenges of life now and in the future.

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## **Implementation**

PSHE is taught through a carefully planned, progressive curriculum from EYFS to Year 6, following our whole-school long-term overview. Learning is sequenced to build knowledge and skills year upon year, ensuring pupils revisit key concepts with increasing depth and understanding.

The curriculum is organised into three core themes:

### **Relationships**

Children learn about families, friendships, respectful relationships, consent, personal boundaries, bullying, online relationships, diversity and how to recognise unsafe situations and seek support.

### **Living in the Wider World**

Children develop an understanding of communities, democracy, British Values, financial education, careers, enterprise, environmental responsibility, media literacy, digital resilience and responsible citizenship.

### **Health and Wellbeing**

Children learn about healthy lifestyles, physical and mental health, emotional wellbeing, resilience, healthy eating, exercise, puberty, medicines, substance education, first aid, personal safety and preparing for change and transition.

PSHE is taught through weekly lessons using a wide range of engaging and inclusive teaching approaches, including:

- discussion and debate
- collaborative learning
- role play
- circle time
- scenario-based learning
- problem solving
- reflection activities
- educational videos and age-appropriate texts
- assemblies
- themed enrichment weeks
- visitors and community partnerships where appropriate

Our curriculum is enriched through participation in national awareness events including Anti-Bullying Week, Children's Mental Health Week, Road Safety Week, Parliament Week, Black History Month, Neurodiversity Celebration Week, Earth Day and other relevant local and national events.

Online safety is embedded throughout the curriculum rather than taught as a standalone topic. Pupils learn how to stay safe online, critically evaluate digital content, use



technology responsibly and understand the opportunities and risks associated with emerging technologies, including artificial intelligence.

Careers education and financial education are progressively developed throughout the school, helping children recognise their strengths, raise aspirations and understand the skills needed for future employment.

Teaching is inclusive and adapted to meet the needs of all learners, including pupils with SEND. Lessons promote respectful discussion whilst recognising that children come from diverse family backgrounds, cultures, faiths and life experiences. Staff establish clear ground rules to ensure lessons remain safe, supportive and respectful.

PSHE also makes a significant contribution to safeguarding. Children are taught how to recognise risks, understand consent and personal boundaries, identify trusted adults and know where and how to seek help if they have concerns.

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### **Impact**

The impact of our PSHE curriculum is demonstrated through confident, resilient and respectful pupils who are well prepared for life beyond primary school.

By the time children leave Mill Hill Primary School they will:

- understand how to build and maintain healthy, respectful relationships
- recognise the importance of physical and mental wellbeing
- know how to keep themselves safe in both the real and online world
- demonstrate resilience when faced with challenges and change
- understand how to make informed, healthy choices
- appreciate diversity and challenge discrimination
- show empathy, kindness and respect towards others
- understand British Values and their role within a democratic society
- demonstrate increasing financial awareness and aspiration for future careers
- recognise risks and know when and how to seek support
- be prepared for the transition to secondary education and the wider world.

The effectiveness of the curriculum is monitored through:

- lesson observations
- planning scrutiny
- pupil voice
- work scrutiny where appropriate
- learning walks
- staff feedback



- monitoring of curriculum coverage
- subject leader evaluation
- governor monitoring

Assessment is primarily formative and enables teachers to identify pupils' understanding, address misconceptions and inform future planning. Pupil voice plays an important role in evaluating the curriculum, ensuring that learning remains relevant, engaging and responsive to the needs of our children.

Ultimately, our PSHE curriculum ensures that pupils leave Mill Hill Primary School as confident, caring, informed and responsible young people who are equipped with the knowledge, skills and values needed to thrive in secondary education and as active citizens within modern Britain.